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**Homeostasis,
a model to distinguish between foods
(including food supplements)
and medicinal products**

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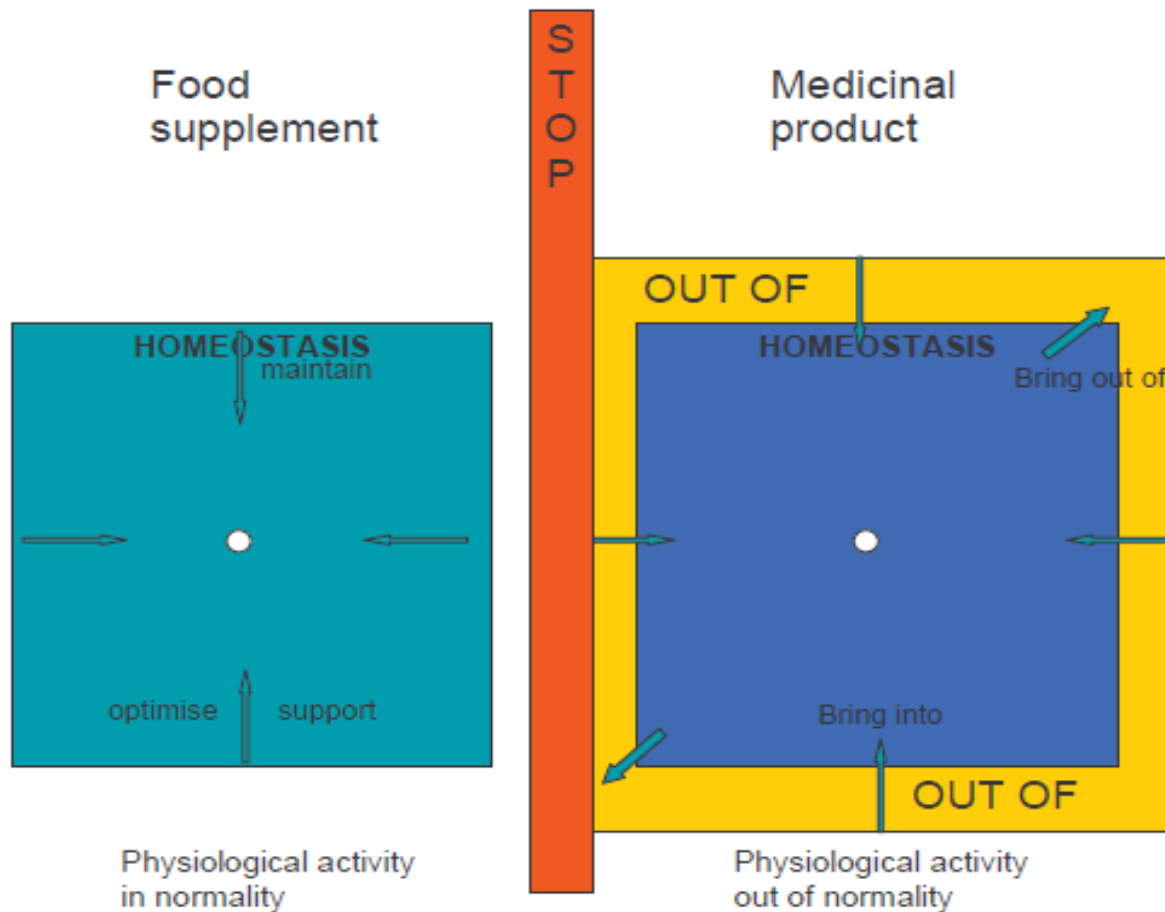
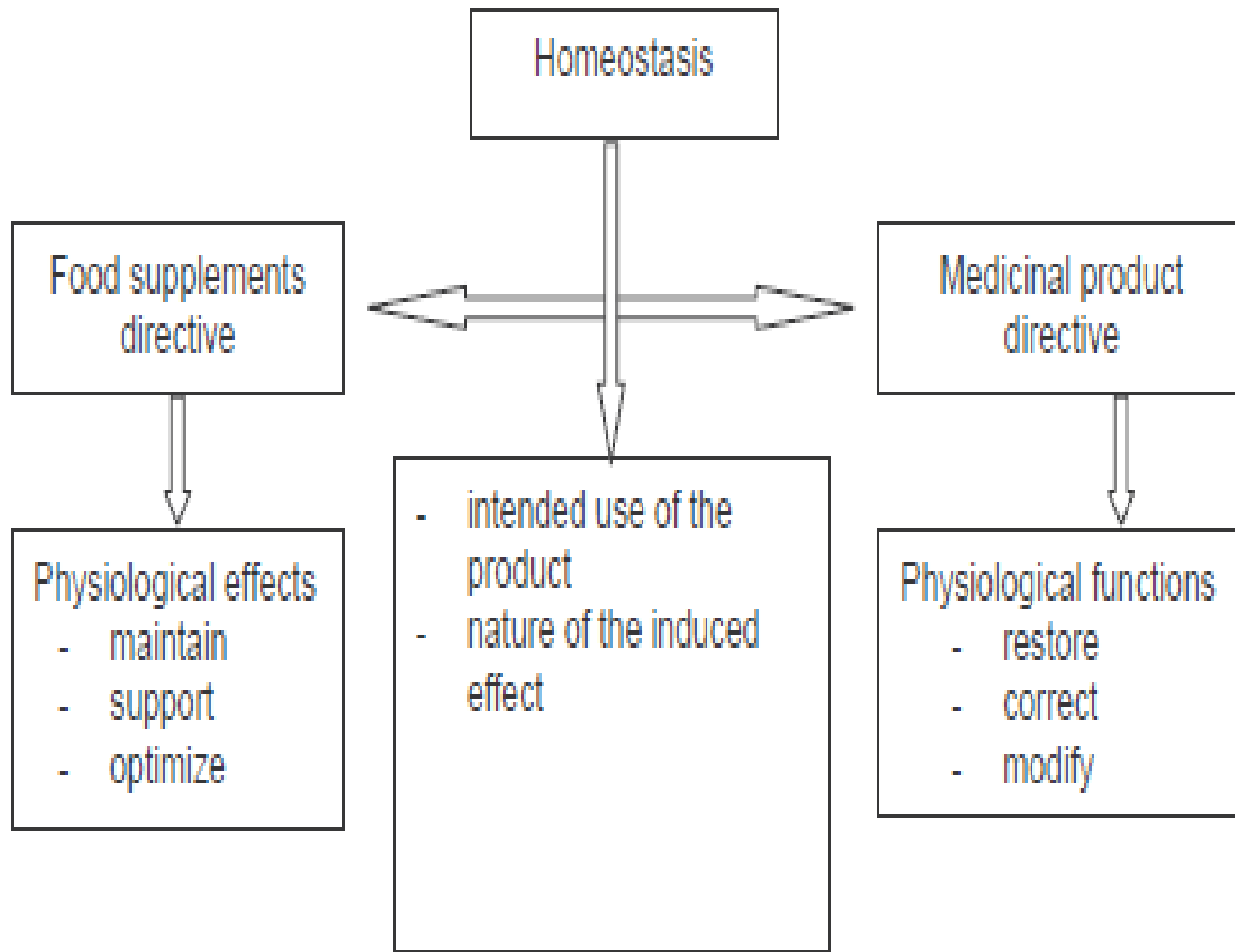


Fig 1. Graphical presentation of the homeostasis model

The borders of the inner frame represent the limits of normality of the different physiological processes in homeostasis. Inside the frame, the optimal status (the goal to achieve) is represented as a small circle. Health promotion acts within the limits of the normal physiological parameters in order to move them away from the border and bring them into the inner circle. Medicinal activity however acts on parameters which are out of the borders with the aim to bring them back into the normal limits.



1. Products which are presented to treat or prevent a disease: under medicinal directive
2. Products which are presented to maintain, support or optimise physiological functions that are functioning in between the limits of normality(homeostasis): under food directive

	TÜRK	AB
Tıbbi Ürünler	GELENEKSEL BİTKİSEL TIBBİ ÜRÜNLER YÖNETMELİĞİ 6 Ekim 2010	DIRECTIVE 2001/83/EC OF THE EUROPEAN PARLIAMENT AND OF THE COUNCIL on the Community code relating to medicinal products for human use 6 November 2001
Takviye edici gıdalar	TÜRK GIDA KODEKSİ TAKVİYE EDİCİ GIDALAR TEBLİĞİ (TEBLİĞ NO: 2013/49) 16.08.2013	DIRECTIVE 2002/46/EC OF THE EUROPEAN PARLIAMENT AND OF THE COUNCIL on the approximation of the laws of the Member States relating to food supplements 10 June 2002
	TAKVİYE EDİCİ GIDALARIN İTHALATI, ÜRETİMİ, İŞLENMESİ VE PİYASAYA ARZINA İLİŞKİN YÖNETMELİK 2 Mayıs 2013	